This year marks the 40th issue of Defense of Japan. Its inaugural issue was published in 1970, and the whitepaper has been published annually since 1976. The first Defense of Japan was black and white, printed on A5 size paper, and contained 94 pages in total. Over the years, it has witnessed a variety of transformations, including the introduction of colored pages, change to A4 size paper, attachment of CD-ROM, and availability on the MOD website. The Defense of Japan 2014 takes a look back at the activities of the MOD/SDF which marks their 60th anniversary in 2014, as well as the history of the publication of the Defense of Japan.