

DEPARTMENT OF THE NAVY  
Headquarters United States Marine Corps  
Washington, D.C. 20380-1775

23 June 2000

## **FOREWORD**

### **1. PURPOSE**

Marine Corps Reference Publication (MCRP) 6-11C, *Combat Stress*; Navy Tactics, Techniques, and Procedures (NTTP) 1-15M, *Commander's Handbook on Combat Stress*; and Army Field Manual (FM) 90-44/6-22.5, *Combat Stress*, provide the tactics, techniques, and procedures required for small-unit leaders to effectively prevent, identify, and manage combat stress when it occurs in their units/commands.

### **2. SCOPE**

This publication contains essential information about combat and combat-related stress. It describes, in layman's terms, techniques to prevent, identify, and treat harmful combat stress reactions at the lowest level or until professional medical assistance is available. It provides a basic understanding of the causes of stress and describes the preventive actions that can be taken to avoid or reduce its harmful effects. It describes how to identify and manage combat stress symptoms when they appear, and provides techniques to prepare units to handle combat stress reactions when they occur. All small-unit leaders should read this publication.

Unless otherwise stated, whenever the masculine gender is used, both men and women are included.

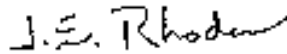
### **3. SUPERSESSION**

FMFM 4-55, *Combat Stress*, dated 13 April 1992.

#### 4. CERTIFICATION

Reviewed and approved this date.

BY DIRECTION OF THE COMMANDANT OF THE MARINE CORPS



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By Order of the Secretary of the Army:

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